

HAMMAM SIGNATURE SERVICES

HAMMAM TURKISH BATH TREATMENT

Experience the traditional bathing ritual from Turkey and the Middle East at Hammam Spa. This service begins with time in the Hammam Steam Room, and is followed by the authentic bath performed in our Turkish Suites lying on a white marble table heated to 108 degrees in a candle lit environment. Its purpose is to cleanse, relax and purify the body and skin using hot and cool water techniques in conjunction with exfoliation practices developed over centuries. The Hammam Turkish Bath Treatment resonates deeply with mind, body and spirit and embraces the essence of ancient rituals.

60 Minutes	\$125
+ Hair Treatment Add-on	\$45

HAMMAM RHASSOUL CLAY WRAP

Discover the purifying and remineralizing effectiveness of a Rhassoul clay wrap, and experience the ancestral benefits of the Hammam through this unique service. Its purpose is to detoxify the skin leaving luxurious results. This treatment is performed in our Turkish Suites, on one of our custom-made heated marble tables.

60 Minutes	\$130
+ Hair Treatment Add-on	\$45



DETOXIFYING ALGAE WRAP

The powerful combination of a warm bubbling algae and a therapeutic cream application will visibly reduce the appearance of orange peel skin and localized fatty deposits. By adding essential minerals and amino acids directly into the skin's cells, the tissue is cleansed and purified, and left feeling soft and rejuvenated. This treatment is performed in our Turkish Suites, on one of our custom-made heated marble tables.

60 Minutes	\$140
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BALTIC SEA MUD WRAP

This firming and detoxifying mud wrap is thick and creamy with visible remodelling action. Rich in vitamins, the Baltic Sea Mud Wrap removes impurities and firms the skin over time, improving the look of cellulite. This treatment is performed in our Turkish Suites, on one of our custom-made heated marble tables.

60 Minutes	\$140
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REVITALIZING BODY POLISH

Be taken away by the scent of coconut and white flowers during this beautiful service. A full body exfoliation with finely ground shell is finished with a deeply moisturizing treatment using an Indonesian candlenut oil cream to leave the skin soft and velvety smooth.

45 Minutes	\$120
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INVIGORATING COFFEE SCRUB

This aromatic scrub awakens the senses with ground dark-roasted coffee beans. A coarse scrub perfect for exfoliating and tightening the skin, this treatment is complemented with an ultra-rich, deeply nourishing cream application.

45 Minutes	\$120
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SUNLESS TANNING APPLICATION

Avoid the sun's harmful effects with the flawless look of a James Read Sunless Tan. Preformed on its own or after a full body exfoliation, the active ingredient in this bronzing mousse delivers instant, glowing colour that develops into a rich tan. Perfect the technique and purchase at-home tanning products in our boutique to extend the life of your tan.

30 Minute Application	\$70
60 Minute Body Polish & Application	\$140

HAMMAM REGISTERED MASSAGE THERAPY

All Massages at Hammam Spa are performed by fully licensed Registered Massage Therapists.

SWEDISH MASSAGE

Swedish massage is a relaxing treatment designed to increase circulation. General Swedish techniques are used to manipulate the soft tissues of the body. The many benefits of this type of massage include generalized relaxation, dissolution of scar tissue adhesions, and improved circulation.

30 Minutes	\$75
45 Minutes	\$110
60 Minutes	\$140
90 Minutes	\$185

DEEP TISSUE MASSAGE

Deep Tissue Massage utilizes techniques that are administered to affect the sub-layer of musculature and fascia. Deep Tissue Massage helps with chronic muscular pain, injury rehabilitation and reduces inflammation-related pain caused by arthritis and tendinitis.

30 Minutes	\$75
45 Minutes	\$110
60 Minutes	\$140
90 Minutes	\$185

SPORTS MASSAGE

Sports massage is designed to enhance athletic performance and recovery. Fast-paced and stimulating, a pre-event Sport Massage helps to warm up muscles and establish blood flow. The intent of post-event massage is to calm the nervous system and begin the process of flushing toxins and waste products out of the body.

30 Minutes	\$75
45 Minutes	\$110
60 Minutes	\$140
90 Minutes	\$185

PRENATAL MASSAGE

Prenatal Massage therapies are both effective and safe. During prenatal massage, specific techniques are used to reduce pregnancy discomforts and concerns and enhance the physiological and emotional well-being of both mother and child.

30 Minutes	\$75
45 Minutes	\$110
60 Minutes	\$140
90 Minutes	\$185



SPECIALTY MASSAGE

All Massages at Hammam Spa are performed by fully licensed Registered Massage Therapists.

ARGAN OIL MASSAGE

Combine the benefits of massage with the miraculous results of Argan oil. Argan oil, rich in antioxidants, will smooth and tone the skin. Switch off, relax your body, and care for your skin.

60 Minutes	\$155
90 Minutes	\$195

AROMATHERAPY MASSAGE

The use of essential oils in body and skin care treatments is known as Aromatherapy. Essential oils aid in relaxation and the improvement of circulation. Specific essential oils are blended and each oil has its own unique characteristics and benefits.

60 Minutes	\$155
90 Minutes	\$195

HAMMAM INDIAN HEAD MASSAGE

Experience Hammam Spa's modern interpretation of the ancestral Indian Head Massage. This service begins in the steam room to ease muscles, and focuses on the scalp and face using traditional Indian massage techniques adapted to you. Warm aromatic oils are used on wet hair in this deeply moving service.

45 Minutes	\$120
+ 30 Minute add-on to any 30, 45, 60 Minute Massage Treatment	\$60

HOT STONE MASSAGE

Hot Stone Massage uses water-heated stones to apply pressure and heat to the body. As the stones are placed on the body, they assist in retaining heat to deeply penetrate the muscles and release tension in this relaxation treatment.

60 Minutes	\$165
90 Minutes	\$195

COUPLES MASSAGE

Couples massages are offered in our exclusive suites at Hammam Spa, allowing yourself and your guest the option to enjoy services side by side. Couples may choose to indulge in any type of massage offered at Hammam Spa.

30 Minutes per person	\$75
45 Minutes per person	\$110
60 Minutes per person	\$140
90 Minutes per person	\$185
+ 30 Minute private suite rental add-on	\$100





HAMMAM SKIN THERAPY

DERMALOGICA CUSTOM FACIAL

Hamam Spa and Dermalogica have joined forces to offer you Toronto's best facial. This treatment is perfectly customized to meet all of your skin care needs. Hamam's Custom Facial offers a targeted skin treatment combined with a face, neck, arm and hand massage. This treatment concludes with a hot towel compression to the feet.

60 Minutes	\$130
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MEN'S CUSTOM FACIAL

Designed to meet the skin care needs of the modern man, this Dermalogica treatment includes a cleanse, steam and exfoliation to draw out impurities of the skin while maintaining a state of relaxation. Experience the benefits of purified, balanced skin as you are pampered with a face, neck, arm and hand massage.

60 Minutes	\$130
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SKINCEUTICALS TREATMENT FACIAL

SkinCeuticals delivers scientifically advanced skincare products with focus on prevention, protection, and correction. This skincare line was developed by partnering Dermatologists, Plastic Surgeons, and Skin Therapists, drawing on their expertise to deliver maximum results. Unique to Hamam, this treatment includes a face, neck, arm and hand massage.

60 Minutes	\$150
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FACIAL ENHANCEMENTS

Enhance your facial with one or more of the following add-ons.

+ Eye Treatment	\$45
+ Casmara Masque	\$45
+ Intensive Facial Peel	\$45
+ Retinol Treatment	\$45

LUXURY FACIAL

Hamam's Luxury 90 minute facial is custom tailored to your skin type. This rejuvenating treatment includes all the perks of our Dermalogica Custom Facial, as well as including one of our intensive facial peels and soothing Casmara masques, which are specifically chosen to suit your skin's unique needs.

90 Minutes	\$175
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INTENSIVE FACIAL PEEL

Intensive facial peels at Hamam Spa use naturally derived ingredients combined with acidic compounds to deliver a deep exfoliation. An alternative to Microdermabrasion, Intensive Facial Peels remove the top layer of skin safely with active ingredients. Chemical peels are effective in improving the appearance of blackheads and whiteheads, fine lines, scarring, uneven skin tone, and dull texture.

30 Minutes	\$80
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MICRODERMABRASION

Get glowing results with as little as one treatment with Microdermabrasion. Super fine crystals are run across the skin to buff away the top layer of skin cells, revealing a more luminous complexion. A series of Microdermabrasion treatments helps to reduce the appearance of fine lines, acne scarring and age spots.

45 Minutes	\$125
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PURIFYING BACK TREATMENT

Purify to fight excess oil production and blemishes with this targeted back treatment. Medicated solutions are applied to the skin to solve your problem area.

45 Minutes	\$70
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HAMMAM NAIL RITUALS

Make Hammam Spa a part of your ritual by joining our Nail Program and receive every sixth nail service free.

SIGNATURE COLLECTION

Indulge in complete pampering with our Signature Manicures and Pedicures. Signature services include an exfoliation, massage, paraffin dip, and polish application to leave your nails flawless; your skin deeply hydrated.

Signature Manicure	\$60
Signature Pedicure	\$75
+ French Polish	\$10

SPA COLLECTION

Spa nail services at Hammam Spa include cuticle care, nail shaping and a relaxing and hydrating massage. Spa nail services are finished with a polish application.

Classic Manicure	\$45
Classic Pedicure	\$60
+ Palm Paraffin Dip	\$15
+ Sole Paraffin Dip	\$20
+ French Polish	\$10

MENS COLLECTION

Specifically suited to groom the hands and feet, Men's nail services focus on cuticle work, buffing and callous removal. A firm massage completes the service.

Men's Manicure	\$30
Men's Pedicure	\$45
+ Palm Paraffin Dip	\$15
+ Sole Paraffin Dip	\$20

SHELLAC

This unique nail polish formula is made to last up to 14 days and is chip-free with a long lasting mirror finish. Shellac is a completely care free service that allows you to walk away smudge free with zero dry time.

Shellac Manicure	\$48
Shellac Pedicure	\$65
Shellac Removal	\$7
Shellac Polish Change	\$25
+ Shellac French Polish	\$10
+ Palm Paraffin Dip	\$15
+ Sole Paraffin Dip	\$20



EPILATION

Waxing at Hammam Spa is as quick and as painless as it gets! With our therapists combined 60 years of experience, we have the right techniques to make an otherwise uncomfortable experience, comfortable.

Chin	\$15	Half Leg	\$45
Lip	\$20	Full Leg	\$70
Brow Shaping	\$25	Bikini Line	\$35
Side Burns	\$25	French Bikini	\$50
Underarms	\$30	Brazilian	\$65
Full Back	\$40	Brazilian & Half Leg Package	\$100
Chest	\$55	Brow Tinting	\$25
Stomach	\$45	Eyelash Tinting	\$35
Half Arm	\$35	Lash & Brow Tinting	\$55
Full Arm	\$45		

PACKAGES

REST PACKAGE

A specially designed package offering a selection of some of our most popular services.

Hamam Steam
Hamam Custom Facial
60 Minute Swedish Massage
Classic Manicure

3.5 hours \$300

PAMPER PACKAGE

A collection of treatments combined to allow for a spa experience unlike any other.

Hamam Steam
Signature Body Scrub
60 Minute Swedish Massage
Classic Manicure
Classic Pedicure

4 hours \$350

UNITE PACKAGE

Designed to bring you closer; experience romance at Hamam Spa.

Hamam Steam
90 Minute Couples Massage
Custom Mini Facials
Suite Rental including champagne and chocolate

3 hours \$580

INDULGE PACKAGE

A remarkable ritual experience that consists of a series of calming and profoundly grounding treatments that will return you to your most human roots - deep, strong, and energized.

Hamam Steam
60 Minute Swedish Massage
Detoxifying Algae Wrap
Signature Manicure and Pedicure
Gourmet Spa Lunch

5 hours \$430



HAMMAM PRIVATE SUITES

Indulge in an exclusive private spa experience in one of our luxurious private suite rentals. Each suite is equipped with it's own custom designed two person Jacuzzi and private amenities for use for 30 minutes after your service, complete with a glass of bubbly, chocolates and mineral bath salts for this special occasion.

30 Minutes \$100

SPA LUNCH

Add a gourmet spa lunch to any service. \$30



HAMMAM ETIQUETTE

Please plan to arrive at least 15 minutes prior to your treatment so you can relax, enjoy a refreshment and prepare for your treatment to begin on time.

First time guests are advised to arrive a half hour prior to their services to allow time to fill out a personal health profile. This profile will outline information that will enable your Therapist to provide you with the most appropriate and effective service.

Upon arriving at Hammam Spa, you will be provided with a robe, a wrap and a pair of slippers. During all treatments your body will be fully draped except for the area being worked on in order to protect your modesty.

The Hammam is a co-ed facility, and wraps or bathing suits are mandatory.

CANCELLATION POLICY

Due to the popularity and demand for Hammam's spa services, we appreciate your understanding and cooperation of our 24 hour Cancellation Policy. If you have booked a treatment(s) and need to cancel or make any changes to your booking(s), you must notify us at least 24 hours in advance to avoid penalty charges.

Arriving late will limit the time of your treatment. Your treatment will end on time so that the next guest will not be delayed, and the full value of your treatment will be applied.

Monday to Friday 11am – 9pm
Saturday 10am – 8pm
Sunday 11am – 7pm

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