

SIGNATURE SALADS



aloha passion 6.95/9.25 🍀

mixed greens • mangoes • apples • red grapes
cranberries • bleu cheese • candied walnuts
passion orange vinaigrette w/ grilled steak 11.95

ono island ahi 8.95/12.95 🍀

ahi tuna • mixed field greens • mangoes • avocado
coconut • strawberries • green onions
& bean sprouts mango vinaigrette

big island beet 7.25/9.95 🍀

mixed greens • arugula • roasted beets • mango
candied macadamias • goat cheese • cranberries
passion orange vinaigrette • balsamic glaze

curried quinoa 7.25/9.95

mixed greens • arugula • quinoa • carrots • edamame
mango • bean sprouts • avocado • cranberries • almonds
curried pineapple vinaigrette

maui mozzarella 7.25/9.75 🍀

tomatoes • fresh mozzarella • red onion • basil
mixed field greens • balsamic vinaigrette

paia pomegranate 6.95/9.25 🍀

strawberries • papaya • red onions • mint • feta
candied walnuts • wontons • baby spinach
pomegranate vinaigrette w/ grilled steak 11.95

aloha caesar

romaine • parmesan • croutons • creamy caesar dressing:
with grilled shrimp 7.25 / 11.25
chicken breast 6.75 / 8.95
blackened ahi 7.95 / 11.95
grilled steak 7.25 / 10.25

aloha mediterranean 6.95/8.95 🍀

grape tomatoes • kalamata olives • feta • bell peppers
red onion • cucumbers • garbanzo beans • dill
romaine • mediterranean dressing (add hummus
or sun dried tomatoes for an additional charge)

kamuela cobb 7.50 / 10.25

avocado • grape tomatoes • egg • bacon • bleu cheese
chicken breast • mixed greens • herb ranch

mandarin ginger 7.25 / 9.75

mandarin oranges • carrots • snow peas • cilantro
green onions • wontons • almonds • sesame seeds
chicken breast • mixed field greens • asian ginger dressing

satay 🍀

red & white cabbage • carrots • cucumbers • romaine • basil
cilantro • green onions • wonton • peanuts • spicy thai satay
dressing chicken 7.50/10.25 or shrimp 11.25

aloha pineapple

pineapple • strawberries • lychee • mint mandarin oranges
coconut • mixed field greens • pineapple vinaigrette
w/ shrimp 11.95 or vegetarian 6.75/8.75

the goddess

papaya • avocado • almonds • mixed greens • goddess dressing
shrimp or steak 11.95 | vegetarian 6.95/ 8.95

the paniolo 6.95 / 8.95

grape tomatoes • avocado • jicama • corn • black beans
green onions • white cheddar cheese • cilantro • romaine
bbq ranch w/ grilled steak 11.95

kahuku spinach 7.75 / 10.50

grilled tiger shrimps • bacon • avocado • egg
baby spinach • papaya seed dressing

to kale for 7.25/10.25 🍀

nalo baby kale • parmesan cheese • avocado • grape tomatoes
carrots • cabbage • cucumbers • red onions • croutons
lemon soy vinaigrette.

sweet home waimanalo kale 7.25/10.25 🍀

nalo baby kale • mango • candied walnuts • cranberries
red onions • carrots • feta • cabbage • honey balsamic vinaigrette

soba salad 7.25 / 9.95

soba noodles • mixed greens • watercress • carrots
green onions • cilantro • wontons • snow peas
bean sprouts • sweet soy vinaigrette



aloha salads weight loss challenge winner picks

*Consuming raw or undercooked foods may increase your risk of food-borne illnesses.

DESIGN YOUR OWN SALAD

Choose Your Lettuce. Add 4 Toppings | 1 Cheese + Fresh Pita Bread + Aloha Salads Signature Dressing 8.25

DESIGN YOUR OWN FRUIT BOWL



CHOOSE 5 4.75

apples • mango • shredded coconut • papaya
banana • strawberries • pineapple • mandarin
oranges • lychee • red grapes

sorry no duplicates

SOUPS



Check out our soup of the day served hot
with fresh • warm pita bread

(6oz) 4.50 (8oz) 5.50

SIGNATURE SUBS



pastrami 8.50

pastrami • swiss cheese • deli mustard

vegetarian 7.95

eggplant • mozzarella • artichoke hearts • roasted red peppers
sundried tomatoes • bell peppers • romaine • goddess dressing

italian 7.95

salami • pepperoni • ham • provolone romaine • tomato
mayo • italian dressing

club sub 8.50

turkey breast • bacon • avocado • tomato • lettuce • mayo

roasted turkey 7.95

turkey • provolone • romaine • tomatoes
mayo • honey dijon dressing

pb & h 6.75

peanut butter • bananas • honey

caprese 8.50

tomatoes • fresh mozzarella • basil • red onion • mixed greens
balsamic vinaigrette

honey glazed ham 7.50

ham • swiss • romaine • tomato • mayo • honey dijon dressing

aloha tuna 8.50

ahi tuna salad • mangoes • strawberries
field greens • papaya seed dressing

kalo burger 6.95

kalo patty • cheese • lettuce • tomato
red onion • aioli
add avocado or bacon for an addl. charge.



SIGNATURE WRAPS

hummus pita wrap 7.95

hummus • feta • kalamata olives • cucumbers • sundried tomatoes
red & green bell peppers • red onion • dill • grape tomatoes
romaine lettuce • served on pita bread

curried chicken wrap 8.25

curried chicken salad • mango chutney • carrots • cranberries
grapes • coconut romaine • served on pita bread

grilled steak wrap 8.95

grilled steak • mushrooms • red onion
provolone • romaine • served on pita bread
sundried tomatoes • goddess dressing

fresh island ahi wrap 9.25

ahi • grape tomatoes
red onion mixed greens • capers
served on pita bread • champagne dressing

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HEALTHY COMBOS CHOOSE 2 9.95

add med soda just \$1

sub/soup combo comes with chips

(excludes wraps • Kale Salads • Kalo burger

Kahuku Spinach • Ono Island Ahi

Caesar with Ahi • Shrimp or Steak)



1/2 SIGNATURE SUB



SMALL SALAD



SMALL SOUP

BEVERAGES

Aloha Salads Fresh Brewed

Black Iced Teas: 1.95 / 2.25

Passion Berry • Natural Black

Waiialua Sodas: 2.25

Lilikoi • Mango • Pineapple • Rootbeer • Vanilla Cream

Lorena Sodas: 2.55

Berry Lemonade • Pink Lemonade • French Lemonade

Fountain Drinks: 1.95 / 2.25

Coke • Sprite • Diet Coke • Powerade
Fruit Punch • Raspberry Ice Tea

Hawaiian Springs Bottled Water 1.65

(Beverage selection may vary between stores)

DOWNTOWN HONOLULU

1102 Bishop Street
Honolulu, HI 96813
Phone: 534-0000

KAILUA SHOPPING CENTER

600 Kailua Road #103
Kailua, HI 96734
Phone: 262-2016

KAHALA MALL SHOPPING CENTER

4211 Waialae Avenue
Honolulu, HI 96816
Phone: 735-8334

KAPOLEI

4450 Kapolei Parkway
Kapolei, HI 96707
Phone: 692-9829

PEARLRIDGE CENTER DOWNTOWN

98-1008 Moanalua Rd.
Aiea, HI

MILILANI COMING SOON